

Implementation Guide

What	When	Who	How
<p>Step 1</p> <p>Ask parents and family members about smoking status, family members smoking status, household smoking rules, and assess readiness of tobacco users to quit.</p> <ul style="list-style-type: none"> • “Does your child live with anyone who uses tobacco?” 	<ul style="list-style-type: none"> • At the front desk • During vital signs • During the visit • Upon admission to hospital 	<p>The receptionist, physician, medical assistant, nurse, other administrative or clinical staff</p>	<ul style="list-style-type: none"> • Use nurse or other assessment forms to identify smoking status. • Document in medical records.
<p>Step 2</p> <p>Assist and advise all tobacco users who want to quit and prescribe or recommend medication, if appropriate, or refer tobacco user to their primary care provider.</p> <ul style="list-style-type: none"> • A strong, personalized message from a health care provider increases the chance of quitting success • “Quitting smoking is the best way to protect your family from secondhand smoke exposure.” 	<ul style="list-style-type: none"> • During the visit • During the hospital stay 	<p>A physician, physicians assistant, nurse, nurse practitioner, counselor, health educator or any other clinical staff</p>	<ul style="list-style-type: none"> • Address tobacco use and secondhand smoke exposure at every visit. • Use the QuitWorks Brochure to advise the smoker to quit and establish a no-smoking rule in the home. Brochures can be ordered through www.quitworks.org. • Recommend medication if appropriate (see pharmacotherapy pocket card)
<p>Step 3</p> <p>Refer tobacco users to the Try-To-Stop Smokers’ Helpline using the QuitWorks enrollment form.</p> <ul style="list-style-type: none"> • Complete the enrollment form included in the packet (also available for download at www.quitworks.org) 	<ul style="list-style-type: none"> • During the visit • In consultation with a nurse or health educator • At discharge 	<ul style="list-style-type: none"> • Any clinical or administrative staff 	<ul style="list-style-type: none"> • Complete QuitWorks form and fax to 1-866-560-9113. • File enrollment form in patient or tobacco user’s medical records. • Arrange follow-up visit with tobacco users.

QuitWorks will send feedback reports after initial contact with the tobacco user and 6 months later.

QuitWorks for Child & Family Practitioners

ABOUT QUITWORKS

What is QuitWorks?

QuitWorks is a [free](#), evidence-based stop-smoking fax-referral service available for all Massachusetts health care providers.

What QuitWorks Offers

- [Massachusetts' free, proven-effective stop-smoking services](#)—proactive telephone counseling, a website, self-help information, and referral to community tobacco treatment services
- [A simple patient enrollment form](#) with HIPAA-compliant patient authorization
- [Tobacco user status reports to referring providers](#)—the provider you choose will receive faxed information on the services each tobacco user selects and, six months later, a report of each tobacco user's quit status

Tobacco users referred using the QuitWorks enrollment form will be contacted by the Massachusetts

Try-To-Stop Smokers' Helpline.

GETTING STARTED

1. Use the Guide on the reverse side to learn how to use QuitWorks and answer key questions. Current QuitWorks users, hospitals, health centers, large clinics: please see the supplemental sheet for more information.
2. Use QuitWorks materials available:
 - A simple [enrollment form](#). – this form can be downloaded at www.quitworks.org
 - The [implementation guide](#) (on reverse side) to help focus your efforts
 - A QuitWorks [brochure](#) and Secondhand Smoke [fact card](#) to be distributed to tobacco users and other family members not at the visit
 - A provider [pocket guide](#) to tobacco treatment pharmacotherapy and the 5A brief tobacco intervention
 - An [order form](#) so that you can obtain additional materials, free of charge
3. Start using QuitWorks today in your child & family health care practice

For more information:

www.quitworks.org
quitworksinfo@makesmokinghistory.org

RESOURCES

www.quitworks.org

- Website for the QuitWorks program, providing information on the program and the QuitWorks collaboration
- QuitWorks enrollment forms, consumer materials, provider and office practice guides, and re-order instructions available on-line

www.makesmokinghistory.org

- Website providing tobacco information, and quitting assistance
- The Quit Wizard—a self-paced, user-friendly, interactive program for tobacco users who want to quit smoking
- Success stories and in-depth expert articles
- Information on Massachusetts health promotion activities, and other tobacco control efforts

1-800-Try-To-Stop Smokers' Helpline

- Services in English and Spanish (1-800-8-DÉJALO) with translators for other languages
- Information on tobacco, referrals to local tobacco treatment programs, and free telephone tobacco counseling
- Quit Tips available 24 hours a day in English and Spanish (1-800-9-GET-A-TIP)
- TTY line—1-800-TDD-1477 (1-800-833-1477)