

Each quarter's newsletter highlights the latest updates, tools, and resources to help you take full advantage of all of the benefits of QuitWorks. Check out page two for Recognitions & Welcomes!

UPDATES

QuitWorks can help! The Joint Commission has released new certification measures that will require participating hospitals to screen all inpatients for tobacco, provide counseling and pharmacologic treatment to tobacco users, and provide limited follow-up after discharge.

This measure set is currently being incorporated into the Joint Commission/CMS specifications manual for national hospital inpatient quality measures. QuitWorks can help hospitals meet those measures.

To view the measure set click "[here](#)" to visit the Joint Commission website and look for Specifications Manual version 4.0.

NEW TOOLS

Visit the Tools and Resources link at QuitWorks.org to order or download the new pocket pharmacotherapy guide. The guide contains the latest recommendations from the Public Health Service Guideline.

To find it click here: [Pharmacotherapy Guide](#)

If you would like your customized referral form updated with the new pharmacotherapy guide contact us at quitworksinfo@jsi.com.

QUITWORKS			
Quick Guide to Pharmacotherapy in Tobacco Treatment			
NICOTINE REPLACEMENT (NRT) Combining long-acting (LAR) patch(s) with a short-acting NRT (gum, lozenge, or inhaler) is more effective than using a single type of NRT.			
LONG-ACTING PRODUCTS			
PATCH			
21 mg, 14 mg, 7 mg	Dose:	1 patch every 24 hrs.	Duration:
	Start:	21 mg patch if ≥10 cig/day	6-14 wks
		14 mg patch if < 10 cig/day	
SHORT-ACTING PRODUCTS			
GUM			
2mg, 4 mg	Dose:	1 piece every 1-2 hrs.	Duration:
	Max:	24 pieces/day	6-14 wks
LOZENGE or MINI-LOZENGE			
2mg, 4 mg	Dose:	1 lozenge every 1-2 hrs.	Duration:
	Max:	20 pieces/day	12 wks
NASAL SPRAY (Nicotrol® NS)			
10 mg/ml	Dose:	1-2 doses per hr.	Duration:
	Max:	3 doses/hr or 40 doses/day	3-6 mos
INHALER (Nicotrol® Inhaler)			
	Dose:	6-16 cartridges/day	Duration:
	Max:	16 cartridges/day	3-6 mos
BUPROPION SR (Zyban®/Wellbutrin SR®)			
May be combined with nicotine replacement			
150 mg tablets	Dose:	150 mg once per day (days 1-3)	Duration:
	Max:	150 mg twice per day (day 4+)	12 wks*
		300 mg/day	
VARENICLINE (Chantix®)			
0.5 mg, 1 mg tablets	Dose:	Starting Month Pak = 0.5 mg once per day (days 1-3)	Duration:
		0.5 mg twice per day (days 4-7)	12 wks*
		1 mg twice per day (days 8-6)	
		Continuing Month Pak = 1 mg twice per day	
	Max:	2 mg/day	
* If quit at 12 wks, consider 12 more weeks of drug			
<small>Source: Fure M, Jani CK, Baker TB, et al. Treating Tobacco Use and Dependence: 2008 Update. Quick Reference Guide for Clinicians. Rockville, MD: U.S. Department of Health and Human Services, Public Health Service, April 2008. Inclusion of this adult design chart is strictly for the convenience of the prescribing provider. Please consult the Physician's Desk Reference for complete product information and contraindications. This chart does not include or authorize insurance benefit coverage for any of these medications. This chart is provided by the Massachusetts Department of Public Health's Tobacco Cessation and Prevention Program.</small>			

Q&A

Q: I am not a physician. Am I still able to refer patients to QuitWorks?

A: Yes! Any nurse, clinician, medical assistant, dentist, dental hygienist, case manager, wellness coordinator, or behavioral health provider may refer patients to QuitWorks. To adapt QuitWorks to your healthcare setting contact us at quitworksinfo@jsi.com.

HELPFUL LINKS

Visit the QuitWorks Tools and Resources link to see samples and order patient brochures, referral forms, and fact sheets, as well as the new pharmacotherapy guide.

www.quitworks.org/tools-resources

CONTACT US

For QuitWorks questions or comments please email us:

quitworksinfo@jsi.com

CONGRATULATIONS ON YOUR JANUARY THROUGH JUNE 2011 REFERRALS!

Provider Practice	Referrals
Valley Medical Group	88
RiverBend Medical Group	87
Southboro Medical Group	66
Damian Folch, MD	49
Swansea Family Practice Group	47
Pentucket Medical Associates	36
Gynecologists Fall River	26
Millview Medical Associates	25
New England Medical Group	24
Heywood Primary Care	21

Outpatient Clinic	Referrals
Harvard Vanguard Medical Associates	467
Beth Israel Deaconess	108
Dedham Medical Associates, Inc.	101
Community Health Center	Referrals
East Boston Neighborhood Health Center	61
Mid-Upper Cape Community Health Center	57
South End CHC - Oral Health	34
HealthFirst Family Care Center	31
Dorchester House Multi-Service Center	27

Hospital (Large)	Referrals
UMass Memorial Medical Center	328
Charlton Memorial Hospital	153
Hospital (Small)	Referrals
St. Anne's Hospital	320
Caritas Carney Hospital	71
Holy Family Hospital and Medical Center	53
Lowell General Hospital	53

WELCOME TO OUR NEWEST PROGRAM PARTICIPANTS!

- South Cove Community Health Center
- MIT Medical
- Harbor Health Services
- North Shore WIC
- Wesson Women's Clinic
- Billerica Medical Health Center
- Tri River Family Health Center
- Riverside Medical Group
- On Call Healthy Living Program
- VanderZeyde
- Cardiovascular Consultants of Cape Cod
- Carson Center for Human Services
- Laura Nevill, MSN, APRN
- Attleboro Medical Association
- New Bedford Medical Association
- Plainville Family Practice
- Rowley Medical Office
- Hampden County Physicians
- Jeffrey Scott, MD
- Steward Physician Network
- Nasim Ghaffar
- Dracut Family Health Care
- Merrimack Family Medicine
- Melinda Raboin
- Gagnon and Kantas MD's
- Everett Family Health Center
- Hampden County Physicians Associates
- Associates in Primary Care Medicine
- Vinfen
- Hahnemann Internal Medicine
- Bright Horizons Family Solutions
- Route 44 Medical Primary Care
- Family Medicine North
- Emmaus Inc.
- Pioneer Valley Free Clinic
- Pioneer Valley Cardiology
- Somerville Family Practice

QuitWorks is a program of the Massachusetts Department of Public Health in collaboration with all major health plans.

Make smoking history.